

WHAT FORMER SLF PARTICIPANTS HAVE SAID REGARDING THEIR EXPERIENCE AS A PART OF THE PROGRAM

SLF helps give you the tools you need to succeed as a leader. Through this program, I have become a more competent leader and have more confidence in all my undertakings.

In addition to reinforcing and improving my leadership skills, **SLF** has provided me with a network of other student leaders to enable me and my organizations to reach out and engage with a wider portion of the campus populations.

SLF was a thoroughly enjoyable, intellectually stimulating time. It helped me think about things I had never considered regarding leading people effectively in a way that brings real results.

SLF is a dynamic combination of engagement, growth and learning. This program provided me with a better insight into the complexity of leadership and how we, as students, can apply the lessons we have learned to the clubs and organizations we are involved with.

I learned different theories and strategies of leadership and was able to effectively apply them to my leadership in organizations. I also felt a lot more confident as a leader and as a person after learning concepts proposed in **SLF**.

SLF was a wonderful opportunity to both learn about effective leadership through informative and inspirational speakers as well as a great chance to meet and connect with peers who are just as passionate and motivated to lead!

I would say that the best part about **SLF was the personal way you really got to know yourself and other people.** Your network of friends grows as well as your interests. Now I know the most effective ways to apply my abilities, and future goals I will strive to achieve.

I received a lot of great ideas from **SLF** to help make my visions a reality. I had never really considered what it meant to be a "leader," but now I feel like I know more about the resources and strategies I can use to help make my clubs successful. It was also really great to meet and learn from other students on campus who are very involved and may be struggling from the same challenges. **SLF** made me really want to make a difference in my clubs.

Even though you think you're a strong leader, **SLF will challenge you** to re-think, re-asses and re-define your strengths, weaknesses, values and ultimately it will make you a stronger leader more aware of yourself and others.

The networking opportunities in SLF with fellow student leaders were invaluable. I made friendships that will be beneficially not just personally but also for the organizations that I am involved with on campus.